

Maternal Deliveries Snapshot, Prenatal Care Adequacy, & Perinatal Emergency Department Use in Williamsburg County

MAY 2, 2025

AIM CCI National Leadership Team Site Visit

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This work was performed under contract with the South Carolina Department of Public Health through the South Carolina Maternal Health Innovation Grant.

Agenda

Acknowledgements

- Williamsburg County Delivery and Outcome Snapshot (SFY 2024)
- Prenatal Care Adequacy
- Perinatal Emergency Department(ED) Visits

Note: This presentation is in response to specific data requests by SC AIM CCI/WC3

We would like to thank the following team members at IFS for their contribution to this work:

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We would also like to thank Chris Finney from the South Carolina Revenue and Fiscal Affairs Office and Aunyika Moonan from the South Carolina Hospital Association for their data and hospital outreach support.

Recommended Citation: López-De Fede, A., Kotagiri, L.M., Reed, C., Gareau, S., & Rodriguez Ramos, C. (2025, May). Maternal Deliveries Snapshot, Prenatal Care Adequacy and Perinatal Emergency Department Use in Williamsburg County [PowerPoint Slides]. Institute for Families in Society, University of South Carolina, Columbia, SC.

Williamsburg
County Delivery
and Outcome
Snapshot
(SFY 2024)





DELIVERY SNAPSHOT (SFY 2024)

SFY 2024 Delivery Population (N)

Statewide = 51,817
Pee Dee Region* = 8,971
Williamsburg County = 226

*Note: DPH region was used over perinatal region.

Payer

23%

Williamsburg

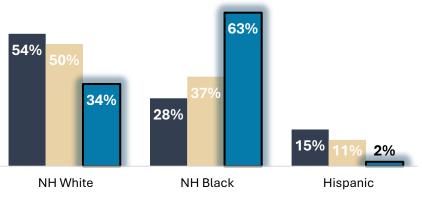
Pee Dee

■ Medicaid ■ Private

72%

226 gion.

Race/Ethnicity



Pee Dee

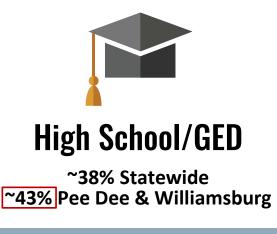
■Williamsburg

№ 20-29 YEARS OF AGE

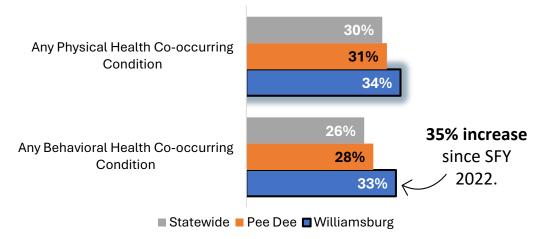
Statewide: 50%
Pee Dee: 53%
Williamsburg: 62%

8% increase
since SFY
2022.

Disease Profile



■ Statewide

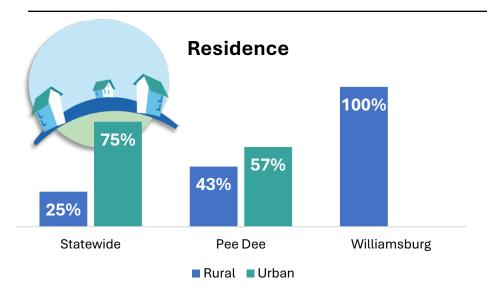


Statewide

33%

60%

DELIVERY SNAPSHOT (SFY 2024)

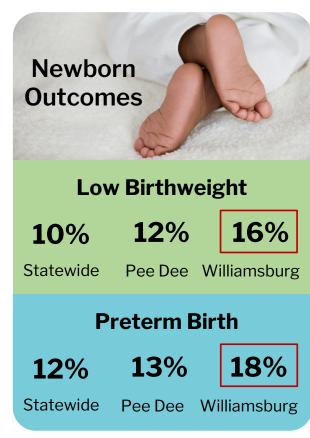




Potentially Avoidable Primary Cesarean

Statewide: 24%
Pee Dee: 27%
Williamsburg: 23%

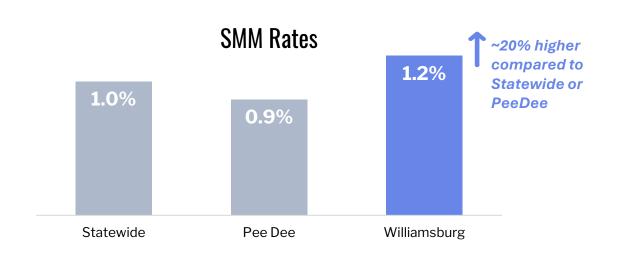
(12% decrease since SFY 2022)



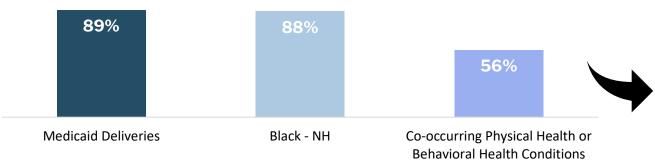
Williamsburg Takeaway

- When compared to statewide and the Pee Dee region, Williamsburg County delivery patients:
 - resided in 100% rural areas,
 - · were predominantly NH Black,
 - Medicaid beneficiaries,
 - 20-29 years of age,
 - exhibited low education levels,
 - had a high rate of physical health cooccurring conditions, and
 - had higher rates of low birthweight and preterm birth.

SMM TREND (SFY 2022-2024)*



SMM Delivery Characteristics - Williamsburg



*Note: SMM rates and characteristics were presented as a cumulative value of SFY 2022 – 2024 due to low N.



Rates are **higher** than the delivery make-up for:

- Medicaid = 84%
- Black-NH = 65%
- Co-occurring Physical Health Conditions = 36%
- Co-occurring Behavioral Health Conditions = 27%



Prenatal Care Adequacy

Data Caveat: Results may only represent upwards of 55 deliveries in some cases and vary from year to year. Caution should be taken when interpreting results.





DEFINITION: PRENATAL CARE LEVELS OF ADEQUACY (SFY 2024)

For this presentation, prenatal care is defined in terms of **not adequate** and **adequate**.

Inadequate

Received less than 50% of expected visits

Intermediate

Received 50% to 79% of expected visits

- Adequate
 - Received 80%-109% of expected visits
- Adequate plus
 - Received 110% or more of expected visits

Not adequate prenatal care

Received 79% or less of expected visits
N=55

Adequate Prenatal Care

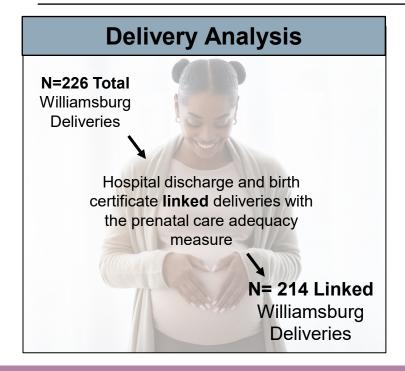
Received 80% or more of expected visits
N=159

Note:

Definitions for adequacy of prenatal care were based on the Kotelchuck Index. UB-VR unlinked deliveries were not included in the prenatal care analysis.



WILLIAMSBURG PRENATAL CARE ADEQUACY



Adequacy of Prenatal Care Williamsburg County Deliveries

N=214*

Adequacy Prenatal Level of Care	%	Adequacy Category	%
Adequate+	52%	Adequate	74%
Adequate	22%		
Intermediate	5%	Not Adequate	26%
Inadequate	21%		



Most individuals with co-occurring conditions were receiving adequate prenatal care.

About 3 in 4 among all deliveries with hypertension and 4 in 5 with diabetes received adequate prenatal care.

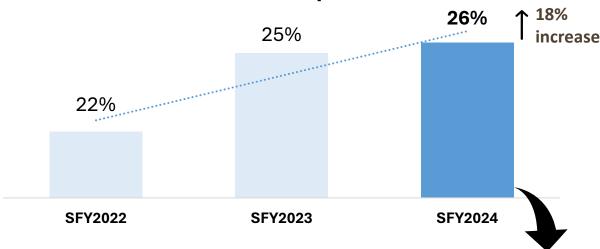




NOT ADEQUATE PRENATAL CARE TREND

Although most Williamsburg mothers receive adequate prenatal care, roughly 1 in 4 do not, with an increasing, non-significant trend over time. There was no increasing trend observed for those diagnosed with hypertension (N=66/243, 26%, SFY22-SFY24).

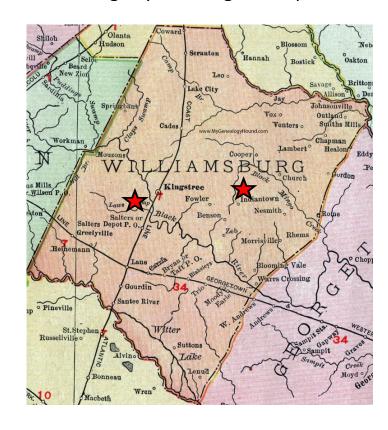
% Deliveries with Not Adequate Prenatal Care



This rate was *higher* in comparison to surrounding counties, highlighting Williamsburg's greater rural isolation and access to care needs.

Where are these individuals primarily located?

Nearly 1 in 3 mothers with inadequate prenatal care resided in Hemingway and Kingstree zip codes.



DIFFERENCES IN PRENATAL CARE

Adequacy of Prenatal Care by Age

Ages	Adequate N=159	Not Adequate N=55
<20	40%	60%
20-24	75%	25%
25-29	74%	26%
30-34	84%	16%
35-54	70%	30%

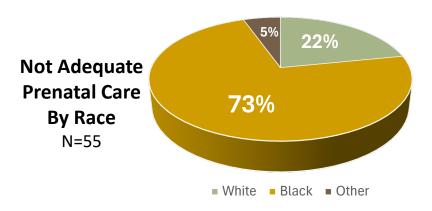
NOTE: The number of deliveries for ages <20 was small.

Individuals over age 35 and under the age of 20 who delivered were less likely to have adequate prenatal care.

Individuals aged 35-54 accounted for 10% of all deliveries with nearly 1 in 3 not receiving adequate prenatal care.



Those who self-identified as Black or Other Races were more likely to receive not adequate prenatal care than those who identified as White.



Nearly 1 in 3 deliveries among Black individuals and 1 in 2 among individuals that self-identified as Other did not have adequate prenatal care.

NOTE: The number of deliveries for those that self-identified as Other was small.

Race	Adequate N=159	Not Adequate N=55
Black	71%	29%
Other	50%	50 %
White	83%	17%

DIFFERENCES IN PRENATAL CARE (continued)

Parity	Not Adequate Prenatal Care
No prior births	25%
1 prior birth	16%
2 prior births	32%
3+ prior births	42%



^{*}Note: These results represent small numbers. Caution should be taken when interpreting results.

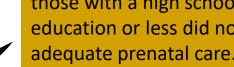
Potential Opportunities for Outreach

- Individuals with **3 or more** prior births were less likely to receive adequate prenatal care than those with less than 3 births.
- Although individuals with three or more prior births accounted for less than 10% of all births, about half of them did not have adequate prenatal care.

Educational Attainment	Not Adequate Prenatal Care
Any College	22%
High school/GED	30%
Less than High school	31%



Almost 1 in 3 deliveries among those with a high school education or less did not receive adequate prenatal care.





WHEN THERE IS NOT ADEQUATE PRENATAL CARE...

From SFY 2022 - 2024:*

About *1 in 7*Williamsburg deliveries resulted in a preterm birth (15%).

About 1 in 3 preterm mothers did not receive adequate prenatal care (32/101, 32%).

*Note: Three-year rate was used due to low N.



Perinatal Emergency Department (ED) Visits

Understanding perinatal ED use before and after delivery may aid in understanding care coordination and access to care needs.

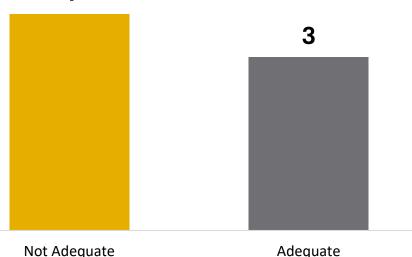




PERINATAL ED VISITS: ADEQUACY OF PRENATAL CARE (SFY 2023)

Mean Number of Perinatal ED Visits by Adequacy of Prenatal Care N=245

4



Note: SFY23 data was used for ED analysis as perinatal data for SFY24 is incomplete. Thus, the number of deliveries for SFY23 data differed from SFY24 deliveries.

Those with less access to prenatal care may be more likely to use the ED.

Those who did not receive adequate care had a higher mean number of perinatal ED visits compared to those with adequate prenatal care.



PERINATAL ED VISITS: WILLIAMSBURG COUNTY

Where are these perinatal ED visits seen?

Given the closure of Williamsburg Regional and Lake City in December 2022, 1 in 4 perinatal ED visits within Williamsburg County are now seen at MUSC Black River Medical Center, which saw a 66% increase in their rate of perinatal ED visits from SFY 2023 to SFY 2024.

Top Six ED Units	SFY 2024 (N Visits, % of Total)
McLeod Regional Medical Center	N=144, 28%
MUSC Black River Medical Center	N = 132, 25%
Tidelands Georgetown	N = 78, 15%
McLeod Health Clarendon	N = 27, 5%
MUSC Health Florence	N = 22, 4%
Conway	N = 22, 3%

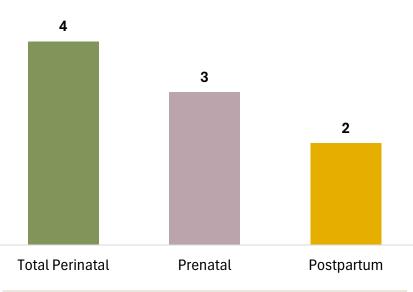
^{*}Note: SFY24 visits (N=524) reflect incomplete data for the postpartum year.



PERINATAL ED VISITS: WILLIAMSBURG COUNTY (SFY 2023)

Timing of ED Visits

Average ED Perinatal Visits



Note: Perinatal included both prenatal and postpartum (PP) periods, prenatal included 12 months prior to delivery, and postpartum included 12 months after delivery.



During the perinatal period, **3 out of 4** women had ED visits.

Among women that had an ED visit:

- Over 80% had an ED visit during the prenatal period.
- Approximately 50% had an ED visit during the postpartum period.

ED Visits and Co-Occurring Conditions

For women with perinatal ED visits:

More than

1 in 3 had a

Hypertension Diagnosis

About 1 in 4 had Obesity or Cardiovascular Disease

Nearly

1 in 5 had a

Mental Health Condition or Substance Use Disorder

About 1 in 7 had a

Diabetes Diagnosis



Conclusion





Key Takeaways

- Delivery patients in Williamsburg County were predominantly NH Black, Medicaid beneficiaries, 20-29 years of age, exhibited low education levels, had a high rate of physical health co-occurring conditions, adverse newborn outcomes, and SMM when compared to statewide and the Pee Dee region.
- Opportunities exist for enhanced access to prenatal care by age, race, educational attainment, and within certain Williamsburg communities.
- Over 1 in 4 mothers with hypertension did not receive adequate prenatal care, and high blood pressure increases the risk of preterm labor.
 - 1 in 3 preterm mothers did not have access.
- Roughly 75% of women residing in Williamsburg had an ED visit during their overall delivery experience.



Implications for Action



- Hospitals could be essential partners in care coordination, ensuring mothers receive needed prenatal, postpartum, and specialty care.
- ED visit and prenatal care adequacy results indicate a need for:
 - Coordinated transportation and childcare resources.
 - Support for perinatal community health workers trained to address complex care needs.
- AIM CCI/WC3 can continue to collaborate with the South Carolina Maternal Health Innovation Collaborative (SCMHIC) in efforts to support local data reporting, maternal health resource sharing, and hypertension care bundle implementation.

Thank You!



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